



Sleep Test Referral

Ambulatory Home Sleep Test

Patient Information

Surname		D.O.B.		<input type="checkbox"/> Male	<input type="checkbox"/> Female
Given Names					
Address				Postcode	
				Phone	
Medicare No				Private health insurance <input type="checkbox"/> Yes <input type="checkbox"/> No	

Indications, Symptoms and Health Comorbidities

Please check where applicable

- | | |
|---|--|
| <input type="checkbox"/> Disruptive snoring | <input type="checkbox"/> Daytime sleepiness or excessive fatigue |
| <input type="checkbox"/> Apnoea, choking or gasping | <input type="checkbox"/> Broken, restless or unrefreshing sleep |
| <input type="checkbox"/> Insomnia or awakenings | <input type="checkbox"/> Obesity |
| <input type="checkbox"/> Bruxism | <input type="checkbox"/> Hypertension |
| <input type="checkbox"/> Nightmares or morning headaches | <input type="checkbox"/> Diabetes |
| <input type="checkbox"/> Nocturia – excessive | <input type="checkbox"/> Heart disease or CCF |
| <input type="checkbox"/> Periodic leg movements (PLMS, RLS) | <input type="checkbox"/> Arrhythmia or palpitations |
| <input type="checkbox"/> Other: <i>Please specify</i> _____ | <input type="checkbox"/> Sleepy or drowsy driving |

Telehealth Consultation Yes No

Referring Doctor

Date		Provider No.	
Name			
Address			
		Postcode	
Phone		Fax	
Email		Signature	

Report Preference: Mail Fax Email